## **MANY-FACED EFFICACY:**

# HOW EMPOWERMENT TRANSFORMS MICRO-LEVEL DEMOCRATIC CULTURE

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#### Puzzle

What prompts citizens to take costly civic actions — their **sense of individual agency** or their **confidence in community**?

#### **Experiment**

A lab-in-the-field experiment tests whether controlled experimental induction of selfand collective efficacy leads to improved civic intentions and actions.

Figure 1. Handouts for cognitive therapy (self-efficacy training)



Figure 2. Brainstorming session (collective efficacy training)

### TO CONSOLIDATE DEMOCRACY,

ALLOW PEOPLE TO EXERCISE REAL OPPORTUNITIES TO PARTICIPATE IN CIVIC LIFE
RATHER THAN INCULCATE DEMOCRATIC VALUES THROUGH CIVIC EDUCATION

# THE BOUNDARIES BETWEEN COLLECTIVE EFFICACY AND SELF-EFFICACY IN THE CONTEXT OF CIVIC ACTIVISM MIGHT BE MORE BLURRED THAN WE USED TO THINK

